



SUNRISE

Presbyterian Women



Presbyterian Woman Shenandoah
Elaine Quick, Moderator

<http://shenpres.org/presbyterian-women/>

September 2017
Pat Armstrong, Editor

Moderator's Letter

Opportunities await those who will attend the Big Event at Massanetta on September 16th. The event offers worship, music, a mission fair, and workshops to interest adults, youth and children as we celebrate our oneness in Christ.

Our hearts are heavy with the news of the recent events in Charlottesville. Please pray for peace and justice. May God speak to the hearts of those who promote hatred and violence in our world. I received the following statement from Louisville.

God's blessings to each of you.
Elaine Quick, Moderator

The Big Event is Coming!

The Big Event will be held **Saturday, September 16** at Massanetta Springs. This is a day of worship, music, mission fair, and workshop to interest adults, youth and children as we celebrate our oneness in Christ.

GO TO SHENANDOAH PRESBYTERY WEBSITE FOR BROCHURE AND REGISTRATION FORM.

NEWS FROM MOUNT OLIVE PRESBYTERIAN CHURCH

On August 4, we fed the children that came to back to school night. They had a great time.

Our fall suppers are starting back up again. August 12, Sept. 15 and in October, we will have our famous pork tenderloin dinner. Menu will be listed in daily break the week of the dinner.

On November 3, we have a ham pot pie carry out

only. There will be ham pot pie, white beans, cornbread. Location will be at Clover Hill Raritan club and food will be sold by the quart.

The seniors at Mt. Olive will be celebrating their first anniversary on Sept. 26. Currently we have 8 members but always looking for more. In the past, we have made table decorations for the church. Family meals are held on the 3rd Sunday of the month. We worked on bible trivia and painted pumpkins for October. There was a variety of different food for lunch. Senior meals are for those 55 and older on the 4th Tuesday of the month from 11 to 3:30. Sometimes we watch a movie. Come visit with us.

Shared by Mary Howdysshell

MASSANUTTEN PRESBYTERIAN CHURCH ACTIVITIES IN AUGUST

Back to School Opportunities

Sunday, August 20th

Blessing of the Backpacks - *during worship!*
Teachers, Students, Administrators - the whole learning community is invited to gather around the Baptismal Font as we pray for and bless the year ahead. Grab your backpack on the way to church that morning!

AND

Back to School Lunch -*following worship!*
A light and fun lunch and time for re-connecting with new and old friends! And, you don't have to be 'going back to school' to enjoy it!

**Ryan and Alethia White
PC(USA) Mission Partners**

August 30; 6:30 pm in the Fellowship Hall
Light dessert will be served.

Since the Iranian revolution in 1979, millions of people have migrated to other parts of the world. The Iranian Presbyterian Church in Berlin has received and ministered to many refugees and immigrants, assisting them in the process of building new lives in Germany.

Ryan and Alethia White have been serving as mission partners with this congregation since 2013. Late next month they will join us for an evening to share about their ministry in Germany. You can read more about them:

www.presbyterianmission.org/ministries/missionconnections/ryan-and-alethia-white

Activities from Second Pres. in Staunton

On August 8, the ladies of 2nd were invited to a brunch on Vista Lane Hosted by Betty Landes and Betty Clemmer. Good food and Good fellowship were enjoyed by all.

On August 16, the Annual Church Picnic was held at the VFW Home on Cedar Green Lane. Chicken and Hot Dogs along with drinks were furnished. There was a plethora of foods and deserts

Entertainment was provided by the Ovation Singers. It was a wonderful evening.

SHARED BY DARLENE MASON

COOKS CREEK PRESBYTERIAN SERVE IN MANY WAYS

Cooks Creek Presbyterian Church is beginning our "new year" with lots of planning and coordination with our interim pastor, Rev. Teri Minette-Simmers, Session and Church Committees in ad-

dition to our planned PW Activities.

We will be highlighting our monthly emphasis with a Minute for Mission one Sunday a month.

We will also be assisting our church in its 275th Birthday Celebration on Sunday, October 15th. Many volumes of history have been recorded by the Presbyterian Women and it will be shared with our church family and guests. We will also be celebrating at a luncheon to follow the Church Service and the PW is helping with the meal and decorating.

We will hold our 2nd Fair Trade Happening on Saturday, November 4th, 10 - 3 pm. Invitations will be sent out to all of our area churches, throughout the Presbytery and on public service announcements. The venues include jewelry, clothing, household items, and olive oil and coffees.

Our biggest emphasis this year will be supporting and assisting with the Back Pack Program at an area elementary school. This enables hungry children to have low impact cooking meals during the long weekends. A list is published and individuals supply the necessary items. Our Circles also contribute gift cards so that the coordinators may purchase fresh fruit and vegetables.

Our Presbyterian Women's planning also includes assisting with Open Doors, the winter homeless shelter, for the two weeks the homeless will be housed in our church; Blanket Sundays, Links of Love, Bingo Prizes for Sunnyside, Western State Christmas, Thank Offering and our Birthday.

SHARED BY GLORIA MILLER, MODERATOR
PW

Meet Beverly Thompson

I am Beverly Thompson. I am a Craigsville native and member of Craigsville Presbyterian Church. My undergraduate degree was earned from Mary Baldwin University and my master's degree was obtained from Northern Arizona Uni-

versity. I lived in Arizona for thirteen years teaching special education to K-8 students on the Navajo Reservation. I now teach adult education to men at Augusta Correctional Center outside of Craigsville with a planned retirement in December. I have been there since November 1994.

I have a daughter in Fishersville who has 27 year-old twin boys. One is married with a five year-old daughter, making me a great grandmother. My son lives in Craigsville and has five children. Their ages are 22, 21, 18, 14 and 12. One of his daughters has a eleven month son, giving me my second great grandchild.

I have been a member of the Craigsville Church all of my life with the exception of my time in Arizona.

I have been the voluntary secretary since 1995 and on the Session at various times.

I enjoy reading mystery novels, historical fiction and my e-mail. I like signing on-line petitions for various social justice issues and serving as an officer of the election for the Craigsville precinct.

I like being a part of Presbyterian Women because these ladies have a great deal of energy and lots of positive thoughts for any project that is asked of them. It makes me feel happy to be among such positive women.

God's Plan for Aging?

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things thus doing more walking. And God looked down and saw that it was good. Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things requiring them to bend, reach & stretch. And God looked down and saw that it was good. Then God considered the function of bladders and decided seniors would have additional calls of nature requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good. So if you find as you age, you are getting up and down more, remember it's God's will. It is all in your best in-

terest even though you mutter under your breath.

Here are Nine Important Facts To Remember As We Grow Older.

#9 Death is the number 1 killer in the world.

#8 Life is sexually transmitted.

#7 Good health is merely the slowest possible rate at which one can die.

#6 Men have two motivations: hunger and hanky panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

#5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years unless you give them your email address.

#4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

#3 All of us could take a lesson from the weather. It pays no attention to criticism.

#2 In the 60's, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

Please share this wisdom with others while I go to the bathroom.

WHAT I LIKE ABOUT PW

DARLENE SHARES

I am a introvert so the friendliness of the ladies appeals to me. I find that most of the ladies are eager to talk and share ideas and thoughts. Being invited to sit or eat together is also heart warming. And I would never have found the wonderful apple butter that is available each fall. Blessings to all Darlene Mason

BEVERLY THOMPSON SHARES

I like being a part of Presbyterian Women because these ladies have a great deal of energy and lots of positive thoughts for any project that is asked of them. It makes me feel happy to be among such positive women.

ELAINE QUICK SHARES

Like so many others, I enjoy the fellowship with the ladies of our circle and the Bible studies. I have met so many interesting ladies in the Presbytery since serving on the Shenandoah Coordinating Team.

MARY LOU COX SHARES

I love being in PW, locally and on the presbytery and synod level. Studying the Bible together enriches all of us, and I am blessed to get to know so many precious women. I could go on and on. The synod summer gathering is something I would like to see everyone enjoy, on the planning and/or attending!

PAT ARMSTRONG SHARES

Presbyterian women involvement has enriched by life greatly. The fellowship and closeness with other women has been a true blessing and these women have helped me grow spiritually. Working together on mission activities to reach God's children has brought so much joy. Thank you precious Lord and thank you my loving friends of PW. I am so blessed.

VICKANA NORTON SHARES

What I like about PW is serving on the CT for the Presbytery. I have been enriched by the people I have met and get to serve on the team with. Getting together to meet and exchange ideas and experiencing the Gatherings at Massanetta are some of the best highlights to my year. I treasure the friendships that have been made these last couple of years, and look forward to getting together with them. Without the PW CT, I would not have gotten to meet these lovely women of God and I am most grateful.

PW Responds To Violence in Charlottesville

PW, Inc., issues statement condemning racially-motivated violence in Charlottesville. Presbyterian Women in the PC(USA), Inc., has sent a letter condemning the violence that occurred over the weekend in Charlottesville, Virginia, to PC(USA) Stated Clerk J. Herbert Nelson, asking for prayer and action as PW continues to work for inclusive community.

An excerpt from the statement:

Presbyterian Women . . . condemns all forms of violence, especially violence that tears at the fabric of God's beloved community. The rhetoric of the "alt right" has no place in a civilized society that is built on principles of equality and God-given human rights. We condemn the racially motivated violence of white supremacy and the resurgence of neo-Nazism, with its bigotry and assumptions of privilege. We urge all people to find ways to bridge the issues that divide Americans rather than widening the gap of distrust and misunderstanding. We support our brothers and sisters in Charlottesville, Virginia, who are standing up for justice and peace. We encourage everyone to be steadfast and immovable in the fight against discrimination, prejudice and hatred.

NEXT SUNRISE WILL BE PUBLISHED NOVEMBER 1st.

Start submitting articles NOW!!



Shenandoah Presbyterian Women Coordinating Team Meeting

August 5, 2017

The Shenandoah Presbyterian Women Coordinating Team met at Sunnyside Retirement Community in Harrisonburg, VA on August 5, 2017 at 10AM with the following 15 members present: Elaine Quick, Gladys Wonderley, Connie Wood, Ruth Williams, Mary Campbell, Mary Lou Cox, Vickana Norton, Mimi Moring, Pat Armstrong, Betsy Reid, Dot Martin, Donna Parker, Beverly Thompson, Karen Stevens and Joan Van Brunt. Those absent were: Mary Ann Brown, Sue Hotinger, Jane Kari-cofe, Punker Robertson, Paula Osborne and Harriet Kopp. One guest attended: Tricia Condro from Pines Chapel.

The meeting was called to order by Moderator, Elaine Quick as she lit the Christ candle. Mary Lou Cox, Worship and Resources, led devotions focusing on Psalm 68:19-20, "Blessed be the Lord who daily bears us up. God is our salvation." She used a reading called "Finding Rice in the Rat Holes" from a *Forward Day By Day* devotional which she recommended to us (forwardmovement.org). She led us in prayer.

After the PW Pledge was recited together, the minutes of the last meeting were approved as distributed. Secretary, Joan Van Brunt, requested that the Leadership Coordinators remind their churches to submit their directory changes as soon as possible in anticipation of the November distribution of 2017/18 directories. Treasurer, Gladys Wonderley, presented her report with a balance of \$9,719.05 as of August 1, 2017.

Reports

Vice Moderator Connie Wood, reported that the Big Event Committee has been hard at work planning. The date printed in last year's directory was in error. The correct date is September 16th. She expressed appreciation for the help that Mary Lou Cox has been giving her and also Heather in the Presbytery office. The brochures are ready to be mailed to all the churches and will be sent electronically also. Connie is appreciating the perks of her new job: making new friends, nurturing old relationships, developing new skills and growing in faith. She asks for continued prayer.

Pat Armstrong Sunrise Editor, encouraged the women to send in reports of activities in their churches and requested responses to the question, "What do you find are the joys of being active in PW?"

Mimi Moring, Search Committee Moderator, reported that Darlene Mason has agreed to take the office of Moderator Elect. The news was met with applause officially approving her election. The committee continues to work to fill the remaining two open offices: Mountain Valley (I) Leadership Coordinator and Justice & Peace. A more complete job description of Justice & Peace would be helpful. It was suggested that prospective nominees call Beverly Thompson.

Mary Campbell, Horizons and Celebration Giving Representative, will be setting a table up at the Big Event and will include several Justice & Peace pamphlets available from PW resources. She will also have PW Mission Pledge folders for women who did not received these at their churches.

Ruth Williams, Leadership Coordinator Moderator, said that during this summer there have been no materials sent from Louisville to pass on to our leadership. She urged us to find the PW Quarterly Newsletter online or have it sent to us in order to stay informed.

Donna Parker, Potomac Highlands (B) Leadership Coordinator, reported that with their new pastor the church is including Piedmont into their activities. In their Keyser church they have merged their circles. They also have heard a report from someone recently returned from the Philippines.

Beverly Thompson, Highland Augusta (E1) Leadership Coordinator, commented that she has come full circle from her very first Coordinating Team office (LC) years ago, through Justice & Peace, a back to LC again.

Karen Stevens, Highland Augusta (E2&3) Leadership Coordinator, has contacted her churches to ask about summer activities. There are yard sales, Bible Schools, school supply drives and the Baja mission project. She elaborated on one unique Bible School program focusing on the Tabernacle.

Betsy Reid and Dorothy Martin, Co-Coordinators, have been busy with grandchildren and summer activities. Dot recounted her recovery from an auto accident, receiving a pacemaker, purchasing a new car and now driving again.

Elaine Quick, Moderator, attended the Synod CT meeting and the Summer Gathering in June. She, with help from Mary Lou Cox, made a new Presbytery PW banner which was displayed at the Summer Gathering.

The Synod Summer Gathering was a success. This year Shenandoah Presbytery was responsible for the leadership (Pam Snyder, Mary Lou Cox and Darlene Mason were Co-Chairs) and communication (Vickana Norton). Much appreciation was expressed to them. 188 women attended. In the established rotation cycle next year the three will serve as past chairs in a supportive role. Vickana thanked all those who contributed items for the Basket auction. As an aside, Mary Lou reported that at the annual memorial part of the meeting the necrology report listed 640 names of women deceased this past year.

Business

Concerning the September Big Event, Connie Wood moved and Mary Lou Cox seconded that we donate \$400 as we did in 2016 towards the expenses for the meeting. The motion was approved. Refreshments will be needed for the pre-meeting registration and perusal of displays. Karen Stevens volunteered to provide some of the refreshments and be the contact person for other contributions. Coffee and other beverages will be provided by Massanetta. The PW workshop called "PW: What Works" will be led by a "panel of experts" (Karen Stevens and Vickana Norton were successfully coerced to serve). Pat Armstrong will ask someone from the Massanutten PW.

The November Coordinating Team meeting which includes all local moderators will be held on November 4, 2017. The Beulah PW has invited us and we will meet at the McDowell Presbyterian Church with other area PW helping. It is recommended to use only the directions Mary Lou will provide NOT GPS due to unreliable mountain cell tower reception.

Adjourned

The meeting was adjourned with the extinguishing of the Christ candle. Mary Lou closed with prayer and grace. Food and fellowship was enjoyed around the lunchroom table following the meeting.

Respectfully submitted,
Joan Van Brunt, Secretary

**COORDINATING TEAM of PRESBYTERIAN WOMEN
SHENANDOAH PRESBYTERY OF THE MID-ATLANTIC
2017-2018**

**Indicates term ends 4/2018 **Indicates term ends 4/2019*

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