



SUNRISE



Presbyterian Women

Presbyterian Woman Shenandoah
Elaine Quick, Moderator

<http://shenpres.org/presbyterian-women/>

March 2018
Pat Armstrong, Editor

Moderator's Letter

Greetings! Spring is almost here, and will we be glad to see it! It has been a cold, windy winter and we can expect warmer and more pleasant days ahead. Many have experienced the "Flu bug" and hopefully, that will soon be over.

With Spring just around the corner, the Presbyterian Women are busy planning for the Spring Gathering at Massanetta Springs on April 14th. The theme for the gathering will be "A Spring Cleaning of the Heart and Soul" based on Psalm 51:10. The Rev. Rose Wayland will be the worship speaker and officiate the Lord's Supper. Registration begins at 8:30 am and meeting, worship, installation of officers, and communion begins at 9:45 am. The meeting will conclude with lunch being served in the hotel dining room at 12 noon. Please encourage your ladies to come and enjoy this special time together.

Registration forms are available for the Church Wide Gathering to be held in Louisville, KY on Aug. 2-5. Darlene Mason and Mary Lou Cox will be the Voting Representatives to the Business Meeting for Shenandoah Presbytery. Others from the Coordinating Team that will be traveling to the meeting are Ruth Williams, Paula Osborne, and Mary Campbell. PW of the Shenandoah Presbytery are offering five \$300 scholarships for women in our presbytery who want to attend for the first time.

I will be finishing up my term as Moderator in April. It has been my privilege and joy to serve as your Moderator for the past two years.

Blessings to each of you.
Elaine Quick, Moderator

Mossy Creek to Observe 250th Anniversary

Mossy Creek Presbyterian Church will observe in 2018 the 250th Anniversary of its organization. The Reverend Thomas Jackson was its first pastor and was called in 1769 to serve not only the congregation at Mossy Creek, but also congregations at Peaked Mountain, Cooks Creek, and Linville Creek. The congregation met in four previous buildings prior to the present church building which was erected in 1882. Throughout 2018, a series of events have been planned to celebrate this Anniversary. On January 7 a special worship service was held which related to the intended nature of Christ's Church. Several children and youth were baptized, members of a recent Confirmation Class made public professions of faith and were admitted to membership in the church, and the sacrament of the Lord's Supper was then served. Earlier in November, thirty members took a tour of the Frontier Culture Museum to acquire a better understanding of the historical context in which the Mossy Creek congregation was organized.

Other events are planned for 2018 and are briefly described below. All friends and interested individuals are invited to attend these activities.

"Remembering the 200th Anniversary" (Saturday, February 10, at 6:00 p.m.)
Following a chili supper, slides from the pageant, The "Ceaseless Flow of the Mossy Creek," will be shown. This pageant was held in 1968 and individuals will be encouraged to share their memories of events in the life of the congregation.

Class on the History of Mossy Creek Church (Sunday, April 8, 15, 22, 29 at 3:00 p.m.)
In these four Sunday afternoon sessions, the his-

tory of the church and the surrounding area will be traced from 1768 to the present. Following each session, a time for fellowship and light refreshment will be provided.

Memorial Day Service and Tour of the Old Cemetery (Sunday, May 27 at 11:30 a.m)

Following the Sunday worship service, the congregation will gather in the cemetery for the annual Memorial Day service. A tour of the cemetery will be provided by children and youth of the congregation. Children and youth dressed in costume will be stationed by selected gravesites and will present brief biographical sketches of the individuals buried at each site.

Communion Preparatory Service (Saturday, October 6 at 7:00 p.m.)

Preparation for coming to the Lord's Table were a part of worship and in the early years and several days were devoted to these services. Participants in this service will reflect upon the meaning of the sacrament and spiritual preparation for receiving Communion the following day.

Worship, Communion, and Homecoming (October 7 at 10:00 p.m.)

On this Worldwide Communion Sunday, the congregation will gather at 10:00 a.m. Former ministers and special guests will be greeted and will be provided an opportunity to make appropriate remarks. At 10:30 a.m. a worship service with Communion will be conducted. Dinner and a time of fellowship will follow.

The History of Music at Mossy Creek (Sunday, November 4 at 7:00 p.m.) Scotch-Irish settlers in the 1700s sang the Psalms to familiar tunes and by 1800 hymns by Issac Watts and others were being used in worship. In the 1850s singing schools were being held and shaped note singing as found in the Harmonia Sacra was popular in the Shenandoah Valley. This program will provide illustrations of these various forms of music which have enriched worship during the history of Mossy Creek Church.

All are invited to attend these events.
(ABOVE WRITTEN BY DR. CHARLES BLAIR,
HISTORIAN)

SHARED BY RUTH WILLIAMS

RAMBLINGS OF AN OLD MIND

I found this timely, because today I was in a store that sells sunglasses, and only sunglasses. A young lady walks over to me and asks, "What brings you in today?"

I looked at her, and said, "I'm interested in buying a refrigerator." She didn't quite know how to respond.

Am I getting to be that age?

I was thinking about how a status symbol of today is those cell phones that everyone has clipped onto their belt or purse. I can't afford one.. So I'm wearing my garage door opener.

I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

I thought about making a fitness movie for folks my age and calling it 'Pumping Rust.'

When people see a cat's litter box they always say, "Oh, have you got a cat?" Just once I want to say, "No, it's for company!"

Employment application blanks always ask who is to be called in case of an emergency. I think you should write, 'An ambulance.'

The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be good friends..

The easiest way to find something lost around the house is to buy a replacement.

Did you ever notice: The Roman Numerals for forty (40) are XL.

The sole purpose of a child's middle name is so he can tell when he's really in trouble..

Did you ever notice: When you put the 2 words 'The' and 'IRS' together it spells 'Theirs...'

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

Some people try to turn back their "odometers." Not me. I want people to know 'why' I look this way. I've traveled a long way and some of the

roads weren't paved.

You know you are getting old when everything either dries up or leaks.

Ah! Being young is beautiful but being old is comfortable.

Lord, keep your arm around my shoulder and your hand over my mouth.

May you always have Love to Share, Cash to Spare, And Friends who Care

MASSANUTTEN HOSTS OPEN DOORS MINISTRY

“Massanutten Presbyterian Women have been joining with the whole congregation in preparing to host Open Doors. This is a local ministry providing overnight lodging to the homeless population in Harrisonburg and Rockingham County. Massanutten will be joining with Trinity Presbyterian the week of February 26 - March 4, and it is the first time Massanutten has been the on-site host church. PW members are contributing their time, preparing food for meals, pillows, and a host of other supplies for the week.”

HAPPENING AT CRAIGSVILLE PRESBYTERIAN

On the weekend of January 14, Craigsville Presbyterian Church in partnership with Love INC hosted Lonnie Riley and his assistant Chance Moore from Meridzo Ministries in Lynch Kentucky (meridzo.com). Meridzo Ministries has been working in Lynch (a mining town) for 19 years to help the community that was greatly impacted when the mining industry left. At this time the ministry's work through equestrian, youth, retreat, camp, hunger alleviation, home repairs and more, touches 6 surrounding counties and Lonnie travels to share throughout the country and even abroad. Lonnie offered two sessions for those connected with Love INC to share what God is doing in Lynch, to share about his faith journey and prayer for his community. Lonnie met with the board of Love INC following those times.

On Sunday Lonnie and Chance traveled to Craigsville Presbyterian Church to preach in worship, have a meal and conversation with the congregation and meet with the session. Lonnie offered encouragement and wisdom for the Craigsville Presbyterian congregation as we seek to offer new mission opportunities in Craigsville and surrounding communities. He shared a sermon on Faith and offered stories of his work in Lynch as it began. The congregation was definitely blessed by his visit!

Craigsville Presbyterian Church is preparing to open its doors for OUR Hearts – a new mission opportunity offering experiences for learning about food insecurities, generational poverty. Groups will work with Craigsville Area Food Pantry and other partnering missions and churches to help the children and elderly of the broader Craigsville community.

<http://www.craigsvillepres.org/o-u-r-hearts/>

SHARED BY BEVERLY THOMPSON

2ND PRESBYTERIAN STAUNTON SHARES

2nd Pres, Staunton, held a family night dinner followed by the Ash Wed. service. Preparing all for the Lenten season

SHARED BY DARLENE MASON

NEWS FROM BUNKER HILL PRESBYTERIAN

Bunker Hill is currently having a Lenten Bible study each evening starting the week after Ash Wednesday. We meet first for a simple meal of soup and bread, some singing while accompanied by Rev. Ron Potter on his guitar, and then a time of a short wonderful bible study on things to give up for Lent. Examples include: fear of failure, impatience, comfort zones and feelings of unworthiness.

We celebrated during the Sunday School hour the new crowning of Mr. & Mrs. Valentine on Feb. 11th. Butch and Judy Balenger, the winners this year, presided over refreshments of a sweet and savory variety, a game of church madlibs and trivia on couples from the bible.

The church will be hosting a Red Cross Blood Drive on March 17th and all eligible donors are encouraged to give at a drive near you. Due to weather, many drives were cancelled or low turnout, so supplies are always needed, but more so now.

On March 18th we look forward to our annual St. Patrick's Day luncheon. All are encouraged to enjoy and share their favorite green or Irish dish. There is always stew, cabbage and potatoes, and brisket! A wonderful time of fellowship!

Shared by Vickana Norton

CALLED TO SERVE ?

Are you called to serve – give of yourself – for the benefit of fellow women?

The PW CT (Presbyterian Women Coordinating Team) of Shenandoah Presbytery needs women to help with their work. The PW CT is a team that brings together representatives from all parts of our presbytery. The team plans and considers ways to support the spiritual needs of women in all our churches. The team meets quarterly. Often we hear that the friendships developed in these meetings are meaningful and a delight. A joy filled benefit to serving.

The PW CT needs several new members. Please contact the search committee members or someone you know on the team (see the 2017-2018 PW directory). Search members to contact are Harriet Kopp at wok1@frontier.com phone 304 229 8402 or Mimi Moring at mmmoring@gmail.com phone 540 337 6547.

Christ required of his followers that they should serve their fellow man/woman.

MASSANUTTEN LENTEN SMALL GROUPS

Love Big, Be Well:
Letters to a Small-Town Church
BY WINN COLLIER

We held small group Lenten Studies at Massanutten Presbyterian and discussed this book. Mainly we got to share and know each other more deeply. Sharing this time together has been a true blessing.

Shared by Pat Armstrong



OLIVET PRESBYTERIAN SHARES

Greetings from Olivet! Spring is in the air and we're excited about the upcoming rebirth of the season! Olivet Women have been active along with our newly formed Community Involvement Team. We recently asked the congregation to donate freshly baked sweets like cupcakes, cookies, brownies, etc for our local police, fire and rescue workers. We delivered six huge boxes full of goodies on Sunday Feb. 18. It was a great way to get the whole congregation involved.

We have a couple of meals coming up in March and April that will be fundraisers for us. And of course Easter breakfast. A new day is coming. Thanks be to God!

Blessings to all,
Karen Stevens
Olivet Presbyterian
Staunton, VA

NEWS FROM IVANHOE

In January we welcomed a new member into our congregation, Dan Cramer. We also welcomed Dan's new Grandson Josiah Lucas who was the first baby born at Grant Memorial Hospital for the new year. Josiah is the son of Zach and Sara Cramer.

SHARED BY ANNE WEBSTER

CRAIGSVILLE PRESBYTERIAN SHARES

If you enter the Sunday School hallway of the Craigsville Presbyterian Church today you will have to walk around several big boxes lining the walls. The boxes were delivered late last week and they contain cots for the first visiting group arriving early in March to participate in O.U.R. Hearts.

O.U.R. Hearts is a new mission experience offered by Craigsville Presbyterian church in partnership with Craigsville Area Food Pantry. Visiting groups will work together, fellowship together, learn together, dream about God's call in their own community and worship together, all for the glory of God. O.U.R. Hearts' first group will arrive on Friday evening and spend Saturday working in the Food Pantry. They will have dinner with a local congregation on Saturday including fellowship and sharing communion with their hosts. Then on Sunday morning the group will help to lead worship at Craigsville Presbyterian Church. Other options for service may be available to visiting groups so give us a call or email at OURheartsCPC@gmail.com. You can find us on the web at www.craigsvillepres.org/o-u-r-hearts. Let's work together to be the feet, hands and heart of Christ as we discover how God can multiply our offerings!

Shared by Gwen Carr

FELLOWSHIP AT BEULAH PRESBYTERIAN

One of the most enriching fellowship occasions that Beulah Presbyterian Church observes is a monthly birthday/anniversary celebration. After Sunday school, the third Sunday of each month, members and friends gather to share cake and ice cream and celebrate those whose birthdays or anniversaries fall in that month. The third Sunday of this February, we also shared a meal of homemade Brunswick stew, sandwiches, and salad. There was much laughter and sharing from our hearts. I think this grows our congregation's relationships and makes us more able to reach out to each other and to others in our community.

Mary Lou Cox
Beulah Presbyterian Church
Mill Gap, VA

Presbyterian Women of Shenandoah Presbytery

Presents

The Annual Spring Gathering

Saturday, April 14, 2018



“A Spring Cleaning of the Heart And Soul”

Massanetta Springs Conference Center

Harrisonburg, VA

More information and Registration available later.

GARRARDSTOWN CHURCH SHARES

During February, canned food was collected for our local food bank, CCAP Loaves & Fishes. During Lent we have 3 projects going.

1) we are recording steps walked for our "Journey to Jerusalem"; it is over 5000 miles from Gerrardstown! It includes a daily devotional, prayer, and things to encourage the walking.

2) collecting items for the homeless, clothes, personal items, etc.

3) collecting items for Humane Society, homeless animals, ex., food, cleaning supplies, blankets.

SHARED BY SANDRA SHERRAND

Shenandoah Presbytery PW Coordinating Team Meeting **February 3, 2018**

The Shenandoah Presbyterian Women Coordinating Team met in the Blue Ridge Room at Sunnyside Retirement Community, Harrisonburg, VA on February 3, 2018 at 10 AM. The following twelve CT members were present: Elaine Quick, Gladys Wonderley, Connie Wood, Ruth Williams, Mary Campbell, Mary Lou Cox, Pat Armstrong, Beverly Thompson, Darlene Mason, Harriet Kopp, Paula Osborne and Joan Van Brunt. Those absent were: Vickana Norton, Sue Hotinger, Betsy Reid, Donna Parker, Mimi Moring, Jane Karicofe, Mary Ann Brown, Punker Robertson and Karen Stevens.

The meeting was called to order by Moderator, Elaine Quick as she lit the Christ candle. She thanked Ruth Williams for making the arrangements for the meeting. She announced the recent death of long time and also current Coordinating Team member, Dot Martin, Co-Coordinator of Maury River with Betsy Reid. Expressions of surprise and sorrow were made. Mary Lou Cox, Worship and Resources, led devotions focusing on various scripture selections read by each person attending concerning God as our light. After the PW Pledge was recited together, the minutes of the last meeting were approved as distributed. Secretary Joan Van Brunt offered additional copies of the current directory and limited copies of revisions to the listing of Highland Augusta (E1) Mission Community church officers. Treasurer Gladys Wonderley distributed copies of her report and reported a balance of \$9,946.52 as of January 31, 2018.

Reports

Moderator Elect Darlene Mason was welcomed and appreciation was expressed for her willingness to accept this position.

Vice Moderator Connie Wood reported that planning for the 2018 Spring Gathering was well underway. Women serving on the planning committee are Mary Lou Cox, Karen Stevens, Mary Campbell and herself. The theme is "A Spring Cleaning of the Heart and Soul" based on Psalm 51:10 ("Create in me a clean heart, O God; and renew a right spirit within me."). The Rev. Rose Wayland will be the worship speaker and officiate the Lord's Supper. Still needed is someone to install the 2018/19 officers and perhaps someone to offer special music. Also undetermined is the recipient(s)

of the offering.

Historian Vickana Norton, although absent, sent a report that she had sent 103 inquiry forms to the churches and had received back four so far. They are due March 1st.

Sunrise Editor Pat Armstrong expressed appreciation to several churches for submitting articles and was pleased to see that they included ones who had not responded before.

Search Committee Member Harriet Kopp reported on the committee's progress. They have several women who are considering offices but have not yet decided. One is a person to be a member of the Search Committee from south of Staunton and someone to fill the Mountain Valley Leadership Coordinator's position. Justice and Peace still remains unfilled and the newly opened position of Treasurer was announced. Gladys has served as Treasurer for over 20 years and received our applause for her good work.

Horizons & Celebration Giving Representative Mary Campbell, distributed copies of the Churchwide Gathering registration forms and announced that additional Gathering information was available in Horizons.

Leadership Coordinator Moderator Ruth Williams is planning on attending the Churchwide Gathering. Appreciation was expressed to her for making all the arrangements for us to meet at Sunnyside although it is not part of her job.

Eastern Panhandle Leadership Coordinator Paula Osborne reported that her church (Berkeley Springs) this year is supporting the Children's Home of the Highlands. She witnessed to God's grace and amazing gift of improved eyesight (eye condition from birth) through essential oils.

Highland Augusta (E1) Leadership Coordinator Beverly Thompson reported that she mails Jane information that she receives since Jane does not have internet connection. Beverly mailed Christmas cards to all their churches.

Highland Augusta (E2&3) Leadership Coordinator Karen Stevens, absent, reported by email that she had mailed the new directories to all her churches and emailed copies of the Sunrise.

Moderator's Report

Elaine reported that she will be attending the Synod Coordinating Team meeting in March. Today marks the last Presbytery CT meeting that she will moderate. There was applause in appreciation for all the time and effort she has given and the good job she has done.

BUSINESS

It was moved and approved to send a gift of \$50 to the New Providence Presbyterian Church in memory of Dorothy (Dot) Martin.

The Churchwide Gathering, August 2-5, 2018, in Louisville, KY will be attended by Ruth Williams, Darlene Mason, Mary Lou Cox, Paula Osborne and Mary Campbell. **A motion was made to appoint Mary Lou Cox and Darlene Mason as our Voting Representatives to the Churchwide Business Meeting and reimburse them for their travel expenses and registration fee.** (Housing and meals are usually provided for the VRs by Churchwide.) Churchwide is offering a

limited number of scholarships to first time attendees. Applications are available online.

A motion was made and approved that PW of the Shenandoah Presbytery will reimburse CT members attending the Gathering (who are not voting representatives) for their travel expenses and 1/2 of the registration fee to attend.

A motion was made and approved to provide five \$300 scholarships for women in our presbytery who want to attend for the first time.

Thanks were expressed to Elaine for the delicious raspberry coffeecake she had made for us. There being no further business the meeting was closed with prayer.

The next meeting will be held on May 5th at 10 AM in the Sunnyside Room at Sunnyside Retirement Community.

Respectfully Submitted,
Joan Van Brunt, Secretary

**God doesn't call the qualified,
He qualifies the called.**

God grades on the cross, not the curve.

**Prayer: Don't give God instructions,
just report for duty!**

**The task ahead of us is never as
Great as the Power behind us.**

**The Will of God never takes you to where
the Grace of God will not protect you.**