



# SUNRISE



Presbyterian Women

Presbyterian Woman Shenandoah <http://shenpres.org/presbyterian-women/>  
Connie Wood & Karen Stevens, CO Moderators

Sept. 2022  
Pat&Rich Armstrong, Editor

## SHENANDOAH PRESBYTERIAN WOMEN CO-MODERATOR REPORT

As Co-Moderator of Shenandoah Presbyterian Women, I have experienced some interesting events this summer. It was great to attend some of the 2022 Synod Summer Gathering, held virtually June 10<sup>th</sup> through the 12<sup>th</sup>. My very favorite part of that Gathering was listening to the new PW Bible Study, "Celebrating the Sabbath: Accepting God's Gift of Rest and Delight", presented by its author, Carol Bechtel. The result for me was an eagerness to pass on what I learned from her, to the PW women of my church at Ivanhoe, and to order books for our studies this coming year, as well as her DVD to share with them. The DVD will bring to light, her excellent teaching and special insight to the study.

A 100<sup>th</sup> Anniversary of Massanetta Springs Video was shown by Shelda Wills, and Giving Day, taking place on July 27<sup>th</sup> was promoted.

The Business Meeting was led by Synod Moderator, Nancy Long, whose calm manner and expertise was coupled by her humility in admitting that leading business meetings was not her strength so she would be assisted by Shelda Wills.

It reassured me about my own weakness in the use of Parliamentary Procedure, facts, statistics and by-laws needed for leading a business meeting. It also reminded me of our own Karen Stevens, whose strengths cover all of those areas and more as both, Co-Moderator and Treasurer. Team work is always a plus. It is amazing that we find something new to learn every day. Two skills needed for virtual meetings are showing the Yellow Hand voting icon; and how to use the "chat" feature.

A few other events I helped with this summer included: teaching a site at the Paddy Run Day Camp, directed by Amy Tubbs and Lori Orndorff; and teaching Vacation Bible School at our neighboring Baptist Church since Ivanhoe did not wish to have VBS this summer.

I signed up for Paula Osborn's study, "Love, A Guide for Prayer" which began Sunday, August 7<sup>th</sup> and will continue to September. Our own Paula has taken the PW CT position, Spiritual Nurturer, which replaces Worship and Resources.

Some important PW dates for the future include: Synod CT Meeting at Massanetta Springs, October 21<sup>st</sup> and 22<sup>nd</sup> of 2022; Synod Summer Gathering taking place June 8<sup>th</sup>-11<sup>th</sup>, 2023; and PW Church Wide Gathering scheduled for August 8<sup>th</sup>-11<sup>th</sup> 2024, at St. Louis, Missouri. Nancy Long sent out a survey and urged us to complete it.

Submitted by Connie Wood

## News from Third Staunton

A work day was held on June 18th. The sign was refurbished and all bushes and outside was cleaned. A pizza lunch was enjoyed.

The ladies are making plans to serve lunch to the volunteers of SummerLee in July. This is a volunteer group that fixes walks, porches, roofs, paints whatever is needed for those unable to do themselves.

Submitted by Darlene Mason

## COLLIERSTOWN SCHOOL BAG CAMPAIGN SETS A RECORD

The Collierstown Presbyterian Women wrapped up a record with its annual "School Bag Campaign" on Sunday, August 21. One hundred and seventy-seven canvas tote bags filled with basic school supplies for needy students were returned to the church sanctuary topping the previous record of one hundred bags prepared. The Collierstown United Methodist Church joined with CPC PW preparing ten of the school bags that were assembled. Special thanks to PW member Louise Tardy who made one hundred and sixty-seven canvas bags and to CUMC member Amy Hayslette for making ten bags that were both sturdy and attractive. A team of PW members checked each bag's contents and packaged them for their journey to Church World Service which will distribute the school kits to needy students in the United States and around the world. Each bag was sent on its way with a prayer that the student who receives it will come to know Jesus. Many thanks to everyone who helped make this PW project such a success!



The two Presbyterian Women Circles will begin the 2022-23 Bible study year this month. Both will meet in person at the church and will focus on studies of the Sabbath. The Night Circle will be studying "Sabbath: The Gift of Rest" by Lynne M. Baab and the C & F Circle will use "Celebrating Sabbath" by Carol M. Bechtel. The Night Circle normally holds its monthly meeting on the first Thursday of the month. However, for the month of September it will begin the new study on Thursday, September 8 with members gathering at 6:30 p.m. for a light supper followed by the Bible study at 7:00 p.m. The Night Circle will air its monthly Bible study on Facebook Live from the church's Facebook page. The C & F Circle gathers at 1:00 p.m. on the third Tuesday for the Bible Study followed by a hospitality time. This year's C & F study will begin on Tuesday, September 20.

Plans for the return of the Collierstown Annual Church Dinner continue to move forward. This year's event will be held on Saturday, November 5, 2022 with meals being served continuously from 11:00 a.m. until 7:00 p.m. The day's menu will feature country ham, fried oysters, and turkey with all the trimmings. An array of home cooked vegetables will be offered that include sweet potatoes, mashed potatoes, and greens beans along with hot turkey gravy, coleslaw, applesauce, pickles, homemade bread, and beverages. The finishing touch for this dining experience is the offering of an assortment of homemade cakes for dessert. The same meals will be available as take out dinners for those that cannot come to the church to dine. A team of people will be assembling and packaging meals for pick up. Take out dinners can be ordered by calling the church's phone number (540-463-5918) and meals can be picked up beginning at 11:30 a.m.

As a part of the day, patrons will want to visit the Bazaar that will have items for sale like homemade baked goods (breads, rolls, pies, cakes, cookies), jars of fresh soups, handcrafted items (wood work, knitted and crocheted goods, holiday decorations), jewelry, garden produce, and apple butter.

## Notes From The CT Secretary

The Annual Church Dinner is sponsored by the Presbyterian Women but is a total church effort with CPC men, women, youth, and children working together. Proceeds from the dinner are used to fund mission projects locally and abroad. Proceeds from the day are used to fund PW mission projects locally and abroad.

As leaves are starting to change colors, we sense the pace of life increasing and we are somewhat wistful. Vacations were enjoyed, students heading to college and back to school have been celebrated, and now our routines are more structured. We have however chosen to focus on the Sabbath. When we choose weekly to observe a Sabbath we not only experience actual rest but we have an opportunity to know God's nature and presence, two things we miss when we embrace the busyness of life. We challenge others to join us and know the simplicity and peace He has for us.

*Submitted by: Debbie McCormick,  
PW Communications Coordinator*

### NEWS FROM MASSANUTTEN PRESBYTERIAN

Ladies will have a potluck meal on August 23th to kick off the new study. We will have the introduction for the new study on the Sabbath which is the title for the horizons Bible study.

The Middle School youth made an overnight mission trip to Craigsville Presbyterian Church to assist with repair of homes in the community, the food pantry and other Mission work.

Our food pantry distributes food on Monday mornings and Thursday evenings each week.

The annual picnic was held on July 17th and barbecue chicken and side dishes were enjoyed. Blessings of the backpacks was held on Sunday August 21. A back to school luncheon was held after worship.

Submitted by:  
Pat Armstrong

It is such a pleasure to welcome Frances Craig from Covenant Church in Staunton to the Coordinating Team. Frances so graciously hosted the May meeting at Covenant and is now the Mission Community Coordinator for Maury River F1 & F2. Thank you so much to Frances for joining us and please extend a warm welcome! Frances will now be in contact with the churches for that area:

#### Churches

Ben Salem	Millboro
Bethesda	Mt. Carmel
Buena Vista	Mt. Joy
Collierstown	New Monmouth
Fairfield	New Providence
Goshen	Oxford
Hot Springs	Rocky Springs
Immanuel	Timber Ridge
Lexington	Williamsville
McCutchen	

Paula Osborne is our new Spiritual Nurture person (formerly Worship Resources) with that position to be officially voted on at the 2023 Spring Gathering. Paula is still the MCC for Eastern Panhandle and Potomac Highlands (B). We are excited to have both Paula and Frances as a part of the team and in new or different positions for the CT!

At the conclusion of our meeting and business and after lunch, we will be assemble 23 school kits for CWS which Karen will take with her to be delivered.

The item assignments were designated at the May meeting and are as follows:  
Karen – paper (and bags), Frances- pencils, Harriet – crayons, Ruth – rulers, Paula – larger erasers, Pam – sharpeners, Vickana – scissors and pencil erasers.

We look forward to you joining us in Bunker Hill and if there are any questions or problems about directions, please feel free to contact me at: 540-931-5603  
Thank you!  
Vickana

## NOTES FROM AUGUST 6 CT MEETING

11/5/22, or (3) see if another church local to Harrisonburg would be willing to host the meeting on 11/5/22. Pam Snyder

Submitted by:  
Vickana

Hello CT members,  
It was great to see those of you able to make the August meeting on Sat. 8/6 at Bunker Hill!  
Prayers for those not able to join us, you were missed! Love to Karen!

23 Church World Service school kits were put together after the meeting before lunch. Thank you to Karen for organizing and Pam for executing and delivering the finished kits and for those present to do the assembling!

Attached is the notes from our meeting - please review and let me know if any questions.

Also attached is information on the BIG TRAINING EVENT at Massanetta on Sat. Sept. 10th. Be sure to check it out and share it with your churches and those MCC's with their churches. These days of training and the bible study, etc. are always very good!

Pam has invited us her way for the November meeting. Our next meeting will be Sat. Nov. 12th at Second Presbyterian Staunton. Be sure to send the invites now to your churches to encourage them to join us for that day.

**Also - keep in mind the planning for the upcoming Spring Gathering in April and how you'd like to assist. With Easter falling on April 9th in 2023, that date will be Sat. 4/15. Pam has confirmed the date is available at Massanetta.**

Updates:

I will NOT be available on November 5th to host the CT as I will be in St. Louis with the 2024 PW Churchwide Gathering Planning Team. (They just confirmed the date yesterday.) Two suggestions: (1) I can host at Second Presbyterian Staunton on Saturday, November 12th, (2) see if Massanetta has an available space for us on

### How does the Moon cut its hair?

### Eclipse it

